

DATE: March 24, 1969

SUBJECT: Sunday's column

It is a pleasure for me to point out to you that your quotation from John Lear, while correct, leaves an erroneous impression. While it is true that high fluoride in the water will result in absorption by the body, there isn't any evidence with which I am familiar that this does any harm in the quantities absorbed. The San Francisco Dialysis Center has been using fluoride in San Francisco water for over two years now without any evidence of the black teeth-hard bone syndrome. In our unit recently, through some shenanigans, a de-ionizer was installed in the line without my knowledge. The cost will probably run around \$40.00 a day, which I regard as much too expensive for the questionable value received.

RC:jr

If fluoride can counteract ~~steroid~~ steroidal osteoporosis it does have an interesting effect on bone metabolism. I wish I knew exactly what that was.

John